Midlands Recovery Center/ CCAR Recovery Coach Academy

All applicants must understand that a Recovery Coach will be asked to model recovery in the community. We require our Recovery Coach candidates to have at least 1-year of continuous recovery to be considered eligible for training.

Prerequisites:

High school diploma or GED. Strong reading comprehension and written communications skills. In recovery from alcohol and other drug addiction, with one year of continuous recovery. Willingness to self-identify as a person in recovery for the benefit of others, demonstrated participation in advocacy, and/or a strong interest in helping others. Agree to respect and observe the Recovery Coach Academy Code of Ethics.

Description:

The CCAR Recovery Coach Academy© is a 5-day intensive training academy focusing on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

Objectives:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

Cost:

Registration - $250.00 *(includes curriculum and certificate of completion)*

Payment is not due until applicant is accepted for the training following the initial screening interview. At that time, checks should be made payable to Midlands Recovery Center.

Application Deadline:

January 15, 2020

Completed applications – including writing sample, reference letters, signed Code of Ethics – must be submitted by the deadline to:

info@midlandsrecoverycenter.org or mail to: 2437 Mineral Springs Road, Lexington, SC 29072 Suite A

Midlands Recovery Center does not discriminate against any person on the basis of sex, race, color, religion, national origin, ancestry, age, marital status or disability.

Midlands Recovery Center CCAR Recovery Coach Academy

APPLICATION

A. GENERAL STATEMENT OF ELIGIBILITY & PRIORITY

People in recovery who are interested in becoming a Recovery Coach must apply through the Midlands Recovery Center for initial screening.

B. QUALIFICATIONS

The *minimum* qualifications to be certified as a Recovery Coach are:

1. High school diploma or GED
2. Strong reading comprehension and written communication skills as indicated by responses during the application process
3. In recovery from alcohol or other drug addiction, with 1- year of continuous recovery
4. Willingness to self-identify as a person in recovery for the benefit of others
5. Demonstrated participation in advocacy and/or a strong personal interest in helping others
6. Agree to respect and observe the Recovery Coach Academy CCAR Code of Ethics *(Please sign and return with application.)*

C. PERSONAL INFORMATION

DATE OF APPLICATION: _____ Yrs. in Recovery: _____

Name: _____

Address: _____
Street / Apt. City State ZIP Code

Contact Information:

Home Telephone: _ (____) _____

Cell Phone: (_____) _____

E-mail: _____

Employer: _____

D. WRITING SAMPLE

Each applicant must submit a writing sample explaining *why he/she should be selected to participate in the Recovery Coach Academy. Please include your value system, the leadership skills that you possess, your ability to demonstrate and promote recovery, any advocacy or work done in the community, and what the Recovery Coach Academy Code of Ethics means to you.* This essay should be no more than *one (1) page, single-spaced, in a 12-pt. font*, and must be completed by the candidate and submitted *with the application.*

E. EDUCATION

Name of School	Location	Graduate/Degree	Subject(s) of Study

F. REFERENCES

Applicants must verify that they have at least one (1) year of sustained recovery. Each applicant must submit two (2) reference letters that will attest to the candidate's appropriateness for certification through the MRC/CCAR Recovery Coach Academy. The letters should also comment on the applicant's years of recovery by addressing the length of recovery and any activities such as volunteer work, sponsorship, etc., that the applicant pursues surrounding recovery. This verification letter can come from a sponsor, counselor, accountability partner, faith leader, friend, or co-worker. One reference should identify as being a person in long-term recovery. At least one must specifically address the candidate's understanding and belief in recovery and the ability to convey such to others.

MIDLANDS RECOVERY CENTER

Name of Reference	Relationship	Contact

Additional Information

All participants are required to attend the ***FULL*** class period. In the event that any participant cannot attend all classes, they may be eligible to attend a future training. These will be decided on a case-by-case basis.

Midlands Recovery Center
Recovery Coach Academy/CCAR Training

Ethical Behavior Code

1.My primary obligation and responsibility is my recovery. I will immediately contact my supervisor if alcohol, drug use, or anything else gets in the way of my recovery.
2.Recovery is guided by self-determination. I assist others in achieving their needs and goals. This includes advocating for the decisions of the peers regarding professional and other services.
3.I will support the Faces and Voices of Recovery Bill of Rights for each person that I serve.
4.I advocate for the integration of peers into self-selected recovery communities and will promote the individual's inherent value to those communities.
5.I will act in accordance with the law.
6.I affirm the dignity of each person that I serve.
7.I provide recovery services regardless of someone's age, gender, race, ethnicity, national origin, sexual orientation, religion, marital status, political belief, language, socioeconomic status, or mental or physical condition. If differences that impact the motivation for recovery occur, I seek consultation and, if necessary, make a referral to another recovery support.
8.I never use physical force, verbal abuse, or emotional abuse; intimidate; threaten; harass; or make unwarranted promises of benefits.
9.I share my lived experience to help others identify resources and that support and promote recovery.
10.I respect the privacy of those I serve, and I will abide by all confidentiality guidelines as required by law.
11.I never engage in sexual or intimate relations with peers that I serve.
12.I do not accept gifts of significant value from peers that I serve.
13.I do not lend or borrow from the peers that I serve.
14.I will improve my recovery knowledge and skills through ongoing education, training, and supervision as determined by my employer.

The above principles will guide me in my role as a Recovery Coach as well as my relationships and the levels of responsibility in which I function.

_____ _____
Signature Date

_____
Printed Name